

CARING FOR YOUR SMILE

Congratulations! We are moving toward our goal of creating a beautiful smile that will last a lifetime. Though we will do our part by straightening your teeth, the success of the end result depends upon how well you work with us. We'll be encouraging you to do your part in the following areas:

BRUSHING AND FLOSSING

It is very important that you keep your appliances, as well as your teeth and gums clean. Brush and floss at least twice a day and make it a habit to check your appliances in the mirror.

KEEPING APPOINTMENTS

Keeping your regularly scheduled appointments can make the difference between finishing your treatment on time, and not finishing at all. Late arrival or a series of rescheduled visits may not allow us to complete the necessary procedures. This could result in a delay of your treatment and possible extension of the total treatment time.

AVOIDING DAMAGING FOODS

Be sure to carefully follow our recommended eating guidelines. Even though a careful patient maybe able to eat a variety of foods without causing damage to his or her braces, certain types of foods can create more problems than others. Most importantly, avoid foods that are hard or sticky because they can bend and break wires.

VISITING YOUR DENTIST REGULARLY

Although our office will monitor your appliances regularly, it is still very important that you see your family dentist at least twice a year. Even with braces, your dentist will be able to clean your teeth and check for possible cavities. If you do not have a dentist, we will be happy to give you the names of several in your area.



Matthew Croco D.D.S., M.S.